HERBAL PRODUCTS AND PRESCRIPTION MEDICINE

Potentially Dangerous Mixtures

This is a list of only a few medication interactions. Please consult your pharmacist or doctor before taking over-the-counter products.

WHEN YOU COMBINE THESE:
- Aloe & Warfarin (Coumadin)
- Co-Enzyme Q10 & Blood Thinners
- Fish Oil & Blood Thinners
- Garlic Pills & Blood Thinners
- Ginko Biloba & Blood Thinners
- Ginseng & Blood Thinners
- Glucosamine & Blood Thinners
- Saw Palmetto & Blood Thinners

WHEN YOU COMBINE THESE:
- Co-Enzyme Q10 & Cancer Drugs
- Echinacea & Immunosuppressants
- Garlic Pills & HIV Drugs
- Garlic Pills & Isoniazid
- Ginseng & Immunosuppressants
- Glucosamine & Diabetes Medications
- St. John's Wort & Birth Control Pills
- St. John's Wort & Xanax

WHEN YOU COMBINE THESE:
- Aloe & Diabetes Medication
- Ginseng & Insulin
- Ginseng & Diabetes Medication

RISK OF BLEEDING

REDUCED EFFECTIVENESS

LOW BLOOD SUGAR

For free and fast advice about drug interactions or medication mistakes, call 1-800-222-1222.
For questions about medications, call your pharmacist or physician. Poison centers can provide advice about drug interactions or medication mistakes, 24 hours a day, at 1-800-222-1222.

**GRAPEFRUIT & MEDICATION INTERACTIONS**

Many drugs may not work well if you eat a grapefruit or drink grapefruit juice.

- Blood pressure drugs
- Statin drugs to lower cholesterol
- Anti-anxiety medication
- Antihistamines
- Protease inhibitors to treat HIV/AIDS
- Some cardiac drugs or anticonvulsants
- Immunosuppressant & cancer drugs

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**Other Potentially Dangerous Mixtures**

<table>
<thead>
<tr>
<th>WHEN YOU COMBINE THESE...</th>
<th>THIS COULD HAPPEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aloe &amp; Digoxin (Heart Medicine)</td>
<td>Low Potassium</td>
</tr>
<tr>
<td>Aloe &amp; Diuretic (Water Pills)</td>
<td>Low Potassium</td>
</tr>
<tr>
<td>Echinacea &amp; Autoimmune Disorders</td>
<td>Worsening Symptoms</td>
</tr>
<tr>
<td>Fish Oil &amp; Blood Pressure Medication</td>
<td>Lower Blood Pressure</td>
</tr>
<tr>
<td>Fish Oil &amp; Allergy to Fish</td>
<td>Allergic Reaction</td>
</tr>
<tr>
<td>Garlic Pills &amp; Blood Pressure Medication</td>
<td>Lower Blood Pressure</td>
</tr>
<tr>
<td>Ginkgo &amp; Diuretic Blood Pressure Pills</td>
<td>Higher Blood Pressure</td>
</tr>
<tr>
<td>Ginkgo &amp; Anticonvulsants, Psych Drugs</td>
<td>Risk of Seizures</td>
</tr>
<tr>
<td>Ginseng &amp; Diuretic Blood Pressure Pills</td>
<td>Higher Blood Pressure</td>
</tr>
<tr>
<td>Glucosamine &amp; Shellfish Allergy</td>
<td>Allergic Reaction</td>
</tr>
<tr>
<td>Kava Kava &amp; Liver Problems</td>
<td>Severe Liver Damage</td>
</tr>
<tr>
<td>Red Yeast Rice &amp; Cyclosporine, Statins</td>
<td>Muscle Damage</td>
</tr>
<tr>
<td>St. John's Wort &amp; Surgery Anesthetics</td>
<td>Lower Blood Pressure</td>
</tr>
</tbody>
</table>

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