



## Poisonings are a leading cause of accidental deaths in adults ages 25-65.

## Save the number, save a life!

1-800-222-1222

Every day the Florida Poison Information Center Network receives over 150 calls a day statewide from Floridians who have experienced a poisoning. Poisonings don't discriminate. They happen in all age groups, income groups, homes and the workplace. Poisonings can occur from plants, spiders, snakes, cleaning products and medications, both prescription and over the counter. Florida has seen an increase in accidental deaths in adults of over 300 % in the last ten years, and rising. These deaths are primarily due to misuse and abuse of prescription medication and over the counter medications. Any medication taken by the wrong person, in the wrong amount or in combination, can lead to a poisoning and possible death. Don't take a chance, call your poison control center immediately and talk to the experts.

Having the Poison Control Center 800-222-1222 number saved in your phone avoids delays in a time need. Calling poison control before searching the web gives callers the right answer the first time during a crisis, where time is critical. Services are available 24/7, free and confidentially. By calling your Poison Control Center, you avoid costly and unnecessary emergency room visits. Studies show that over 80% of callers can be safely and effectively treated by phone, under the guidance of a poison specialist.

Calls to the Poison Control Center are answered by Poison Information Specialists (doctors, nurses and pharmacists) who are specially trained and nationally certified by the American Association of Poison Control Centers (AAPCC).

To request brochures, magnets or stickers, please contact us a 1-800-222-1222 or visit us at <a href="https://www.floridapoisoncontrol.org">www.floridapoisoncontrol.org</a>.

## Top 10 substances causing life threatening effects or fatal outcomes:

- Sedatives/hypnotics
- Pain Relievers (both over the counter and narcotic pain relievers)
- Antidepressants
- Alcohols
- Cardiovascular medications
- Muscle relaxants
- · Stimulants and street drugs
- Anticonvulsants
- · Carbon Monoxide
- Antihistamines